

Salads

Garden Salad GF VG cherry tomatoes cucumbers carrots served with herb ranch & maple vinaigrette	\$4	Arugula Parmesan GF V arugula parmesan toasted almonds served tossed in a lemon vinaigrette	\$4
Basil Caesar Salad V parmesan cocktail tomatoes croutons served with basil caesar dressing	\$5	Kale Crunch GF VG sunflower seeds red onion cilantro & mint served with peanut dressing	\$4
Mediterranean Salad GF V kalamata olives artichokes feta served with balsamic dressing	\$5	Farmers Salad GF V blueberries cranberries pepitas feta with a champagne vinaigrette	\$6
Strawberry Goat Cheese Salad GF V strawberries honey goat cheese toasted pecans served with maple vinaigrette	\$5	Cranberry Almond Coleslaw GF V cranberries scallions toasted almonds in a sour cream sweet and tangy sauce.	
Gorgonzola Cherry Salad GF V butter lettuce gorgonzola dried cherries walnuts served with champagne vinaigrette	\$5	Pesto Tortellini V cheese tortellini peas peppers served tossed in a pesto sauce	\$4
Seasonal Salad (summer citrus) GF V grapefruit blood orange pistachios feta served with champagne vinaigrette		Avocado Corn Black Bean GF VG avocado black beans jalapenos served tossed in lime juice	\$5
Watermelon Feta GF V watermelon mint feta Served with lime vinaigrette	\$5	Dijon Potato Salad GF V red potatoes pickles onions served tossed in a dijon sauce	\$4
Chopped Salad GF V garbanzo beans mozzarella pepperoncini served with balsamic dressing	\$5	Fruit Salad GF V seasonal fruit served tossed in a lime vinaigrette	\$4
Wedge Salad GF crumbled blue cheese bacon red onion served with blue cheese or herb ranch dressing	\$4	Crispy Rice Salad GF VG mango cucumber edamame cabbage in a miso dressing	\$5
Spinach & Berry GF V berries toasted almonds feta served with maple vinaigrette	\$5	Lemon Asparagus Couscous VG sundried tomatoes asparagus lemon	\$4
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Salad Bar \$26

Choice of 2 meats: Steak, Chicken, Salmon, Shrimp, or Tofu Choice of Dressing: Maple Vinaigrette or Herb Ranch Comes with assorted salad fixings